## Yellow Jacket Youth Lacrosse

The Yellow Jackets after school program provides students with the opportunity to learn about the game of lacrosse and all the basic fundamental skills associated with it: scooping, cradling, catching, throwing, shooting, game strategies, offense and defense skill sets. This is all achieved in a safe and enjoyable environment, utilizing soft - stick lacrosse principles( no contact lacrosse) that do not require use of protective equipment. Sticks and balls are provided. A willingness to learn and have fun are all that is required, and is open to students in grades 1 - 5.. Session Number 3 starts Thursday January 11.

Thursdays

Time: 2:15PM - 3:30PM

Registration form can be found at <u>yellowjacketlacrosse.com</u> or contact Tom Losier at <u>TLosier17@hotmail.com</u>

Session 3-- 8 weeks – January 11, 18, 25. February 1, 8, 15, 22, 29.

Cost: \$95